

Grade 2 Health and Physical Education

Mental Health

Students will be able to:

- Relate choices with consequences.
- Demonstrate appropriate ways to express feelings.
- Differentiate between real and imagined dangers.

Safety and Injury Prevention (Safety)

Students will be able to:

- Demonstrate safety procedures for fire, police, and bus emergencies.

Family Life (Family Relationships & Social Behavior)

Students will be able to:

- Describe ways in which members adjust to family changes.

Disease Prevention And Control (Illness Prevention)

Students will be able to:

- Describe ways to prevent illness and disease (diet, sleep, hygiene, etc.).

Physical Activity and Fitness (Fitness/Wellness & Nutrition)

Students will be able to:

- Explain how diet and exercise affect the heart.
- Understand that physical activity provides opportunities for enjoyment, challenge, self-expression, and social interaction.
- Explain how diet and exercise affect overall health.

Nutrition

Growth and Development (Human Body)

Students will be able to:

- List functions of the skin.
- Explain how the brain works.

Tobacco, Alcohol, and Other Substance, Use/Abuse Prevention (Substance Abuse Prevention)

Students will be able to:

- Differentiate between medicinal and illegal drugs.

Reproduction/Sexuality (Sensitive Issues)

Violence Prevention

Students will be able to:

- Interact positively regardless of individual cultural differences.

Interpersonal Relationships

Consumer Health and Resource Management

Ecological Health

Community and Public Health