



**Davis Hill Elementary School
Wachusett Regional School District**

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Mark Aucoin
Principal

Jay Norton
Assistant Principal

Food in Our School 2010 - 2011

Dear Parents or Guardians,

Starting this year there will be no food for individual birthday celebrations in our classrooms. A classroom teacher, at their discretion, may plan a non food celebration of a child's special day. Birthdays are significant to children and we do want to wish each child a happy birthday. I move in this direction with the knowledge that we have a school that already strives to create classroom atmospheres where each child is celebrated for their accomplishments and for simply who they are. We want to strive to educate our students to be in the habit of making healthy choices and an awareness of others allergy issues.

As we begin a new school year, we are going to move in a healthier direction. In the context of a child's life there are multiple opportunities for parents and guardians to make choices for your child's health. For this reason individual, snacks are welcome at our school. We of course encourage all families to pack a nutritional snack.

I want a school environment where:

- Students are provided with healthy choices at lunch time for school meals, and plenty of time to eat.
- Students are offered healthy snacks in after-school programs.
- Drinking water is available to students throughout the school day.
- Students are taught the importance of frequent hand washing.
- Cafeteria beverages available during the school day, including vending machines, reflect healthy choices.
- Classroom snacks, rewards, and celebrations, encourage healthy choices.

Together we will help to raise a healthier, better informed, new generation.

Who to Contact:

I am often asked about the school lunch choices, or snacks offered at lunch. The district cafeterias are managed by Central Office and are not under individual principals.

I cannot effect any change in menu or snack choices here at Davis Hill. That is done through Central Office and the Supervisor of Food Services, Nancy Hasselmann, at 508-829-1670, extension 278.

Sincerely,

Mark Aucoin, Principal