

Wachusett Regional School District

Holden, Paxton, Princeton, Rutland, Sterling

September 9, 2011

Dear Parent/Guardian:

RE: Annual Wellness Screenings

The District will be conducting annual, state-mandated wellness screenings for students as follows:

Grades K-5	Vision, Hearing, Height and Weight, each grade, annually
Grades 6-8	Vision, Hearing, Height and Weight, once between grades 6 and 8
Grades 9-12	Vision, Hearing, Height and Weight, once between grades 9 and 12
Grades 1, 4, 7 and 10	Body Mass Index (BMI)

Ref: *105 CMR 200.000: PHYSICAL EXAMINATION OF SCHOOL CHILDREN*
200.400: Vision and Hearing Screenings.
200.500: Annual Assessment of Physical Growth and Development

Please visit the District website, or your child's school's website, for screening dates.

You will receive the results of your child's BMI screening in a confidential letter mailed to your home.

You have the right to opt-out of the BMI screening. While your child would be screened for height and weight, their BMI would not be calculated should you prefer to opt out of that process. To opt out, please contact your child's school nurse or Nancy Houle, Supervisor of Pupil Personnel Services at (508) 829-1670 ext. 237 or via email at nancy_houle@wrsd.net. An opt-out form is provided below.

Please do not hesitate to contact me with questions or concerns.

Sincerely,

Nancy Houle

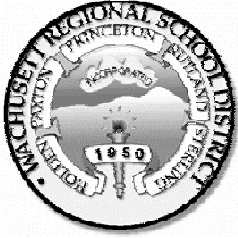
Nancy Houle, Ph.D.
Supervisor of Pupil Personnel Services

I prefer my child not participate in the state-mandated BMI screening.

Student Name _____ Grade _____ School _____

Parent/Guardian Signature _____ Date _____

Please sign, date and return to your child's school nurse, or to Nancy Houle at the address below



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State Mandated Screening Schedule, 2011

Naquag Elementary School	K-2	September 13 and 14
Glenwood Elementary School	3-5	September 15 and 16
Davis Hill Elementary School	K-5	September 20, 21* and 22
Thomas Prince School	K-8	September 27 and 28

***TPS students in grades 3-5 will be screened at Glenwood Elementary School*

Paxton Center School	K-8	October 4, 5 and 6*
Houghton Elementary School	K-4	October 11, 12 and 13*
Dawson Elementary School	K-5	October 18, 19* and 20
Mayo Elementary School	K-5	October 25 and 26
Central Tree Middle School	6-8	October 27
Mountview Middle School	6-8	November 1*
Chocksett Middle School	5-8	November 2 and 3*
Wachusett Regional High School	9-12	November 7, 8 and 9

Schedule subject to change

* **denotes half-day of school**

Ref:105 CMR 200.000: PHYSICAL EXAMINATION OF SCHOOL CHILDREN
200.400: Vision and Hearing Screenings,
200.500: Annual assessment of Physical Growth and Development

Jefferson School

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