

WRSD-Grades K-5 & K-8
Sterling, Paxton, Thomas Prince,
Naquag, Mayo, Davis, Dawson,
Glenwood
February 2018



Lunch Meal Prices
 Elementary & Middle \$3.00
 High School \$3.25
 Reduced price \$.40
 Milk \$.60
 All meals include choice of sides
 (vegetable, fruit/juice, milk)
 Students MUST take at least one fruit or
 vegetable with each meal.

Have you checked your lunch balance? We allow TWO IOUs.
 Pay online at www.myschoolbucks.com or at the register.
 All IOUs must be paid in full.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Waffle Sticks & Chicken Tenders Sweet Potato Fries Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	30 Chicken Bacon Ranch Sub Hummus w/ Mini Pretzels Chilled or Fresh Fruit Milk-Chocolate/White Hot Dog on Roll BBQ Rib on Roll	31 Spaghetti & Meatballs Dinner Roll Carrots Chilled or Fresh Fruit Milk-Chocolate/White Tst. Turkey&Cheese Croissant Pizza	1 Meatball Grinder Oven Baked Fries Cucumber-Apple Salad Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Cereal & yogurt lunch	2 Sal's Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty on Roll Bagel Yogurt Meal
5 Popcorn Chicken Seasoned Rice Carrots Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	6 Pancakes Sausage Links Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll	7 Macaroni & Cheese Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty Pizza	8 Hot Dog on Roll Baked Beans Smile Fries Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch BBQ Rib on Roll	9 National Pizza Day! Stuffed Crust Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger
12 Asian Chicken Seasoned Rice Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	13 Mardi Gras- Fat Tuesday 'Pancake Day' Breakfast Sausage Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll	14 Happy Valentine's Day! Pasta w/Marinara sauce Cheese Breadstick Carrots Chilled or Fresh Fruit Milk-Chocolate/White Fish & Chips Pizza	15 SUPER NACHOS Black Bean Salad Corn Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch BBQ Rib on Roll	16 Sal's Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Fish & Chips Cheese or hamburger
19 VACATION	20 VACATION	21 VACATION	22 VACATION	23 VACATION
<p align="center">Free & Reduced Lunch Apply online at www.wrsd.net/foodservices Renewal forms must be filled out prior to Oct. 1st each year</p>			<p align="center">Menu is subject to change. Please let us know if you have any allergies to food. Wachusett Regional is an equal opportunity provider.</p>	
26 Chicken Tenders Sweet Potato Fries Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza	27 Pancakes Sausage Links Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll	28 Spaghetti & Meatballs Cheese Breadstick Green Peas Chilled or Fresh Fruit Milk-Chocolate/White Chicken Patty Pizza	1 Chicken Patty Sandwich Hummus w/ vegetables Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White Grilled Cheese Sandwich Cereal & yogurt lunch	2 Stuffed Crust Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Fish & Chips Cheese or hamburger

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.