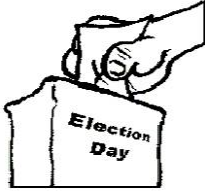
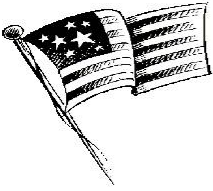
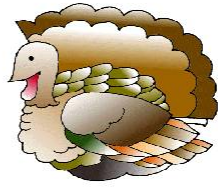


Free & Reduced Lunch
 Apply online at
www.wrsd.net/foodservices
 Applications may be submitted
 at any time during the year.

WRSD-Grades K-5 & K-8
Sterling, Paxton, Thomas Prince,
Naquag, Mayo, Davis, Dawson,
Glenwood
November 2018



Lunch Prices	
Elementary & Middle	- \$3.00
High School	- \$3.25
Reduced price	- \$.40
Milk	- \$.60
All meals include choice of sides (vegetable, fruit/juice, milk)	
Students MUST take at least one fruit or vegetable with each meal.	

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu is subject to change. Please let us know if you have any allergies to food. Wachusett Regional is an equal opportunity provider.</p>	<p>Have you checked your lunch balance? We allow TWO IOUs. Pay online at www.myschoolbucks.com or at the register. All IOUs must be paid in full.</p>		<p>¹ Meatball Sub Oven Baked Fries Carrot & Celery Sticks w/ ranch dressing Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Hot Dog on Roll</p>	<p>² Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger</p>
<p>⁵ Popcorn Chicken Garlic Mashed Potato Rst Carrotsw/Oregano Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>⁶ No School</p> 	<p>⁷ Cheese Ravioli w/Marinara Dinner Roll Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch Pizza</p>	<p>⁸ Bacon Burger Sandwich Oven Baked Fries Three Bean Salad Chilled or Fresh Fruit Milk-Chocolate/White Tuna Salad Sandwich Hot Dog on Roll</p>	<p>⁹ Stuffed Crust Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Chicken Caesar Salad Shaker</p>
<p>¹² HOLIDAY</p> 	<p>¹³ Cinnamon French Toast Sausage Links Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll</p>	<p>¹⁴ Hot Dog on Roll Baked Beans Swt Potato Crinkle Fries Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch Pizza</p>	<p>¹⁵ Roast Turkey w/Gravy Mashed Potatoes Honey Glazed Carrots Cranberry Sauce Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Tuna Salad Sandwich</p>	<p>¹⁶ Big Daddy's Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger</p>
<p>¹⁹ Chicken, Bacon Ranch Sub Oven Baked Fries Fresh Celery w/ dip Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>²⁰ Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll</p>	<p>²¹ No School</p>	<p>²² Happy Thanksgiving!</p> 	<p>²³ No School</p>
<p>²⁶ Mini Maple Waffles Chicken Nuggets Sweet Potato Fries Chilled or Fresh Fruit Milk-Chocolate/White Bagel-Yogurt Meal Pizza</p>	<p>²⁷ Pancakes w/syrup Breakfast Sausage Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Egg Sausage & Cheese on English Muffin Hot Dog on Roll</p>	<p>²⁸ Macaroni & Cheese w/ Buffalo Chicken Fresh Garden Salad Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch Pizza</p>	<p>²⁹ SUPER NACHOS Black Bean Salad Corn Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Tuna Salad Sandwich</p>	<p>³⁰ Stuffed Crust Pizza Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Chicken Caesar Salad Shaker</p>