

Wachusett Regional High School

Have you checked your lunch balance? We allow TWO IOUs.
Pay online at www.myschoolbucks.com or at the register.
All IOUs must be paid in full before the school year ends.

May 2018

Lunch Meal Prices
Elementary & Middle \$3.00
High School \$3.25
Reduced price \$.40
Milk \$.60
All meals include choice of sides (vegetable, fruit/juice, milk)
Students MUST take at least one fruit or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu is subject to change. Please let us know if you have any allergies to food.</p>	<p>1 Chicken Parmesan on roll Cucumber-Apple Salad Potato Chips Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>2 Spaghetti & Meatballs Dinner Roll Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>3 Chipolte Turkey Sub Garbonzo Salad Carrot Sticks Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>4 Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>7 Buffalo Chicken Sub Cucumber Spears Potato Chips Garbonzo Salad Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>8 Ham & Cheese Croissant Pasta Salad Potato Chips Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>9 Ravioli w/Marinara Italian Bread Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>10 SUPER NACHOS Black Bean Salsa Corn Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>11 Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>14 NO SCHOOL TODAY</p>	<p>15 Hot Dog on Roll Baked Beans Cole Slaw Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>16 Pasta w/Marinara Sauce Cheese Breadstick Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>17 Meatball Sub Spinach-Apple Salad Potato Chips Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>18 Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>21 Popcorn Chicken Garlic Mashed Potatoes w/ Gravy Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>22 Italian Grilled Cheese w/marinara dipping Tomato Basil Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>23 Spaghetti & Meatballs Dinner Roll Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>24 Pulled Pork on Roll Oven Baked Fries Cole Slaw Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>25 EARLY RELEASE DAY Turkey Bacon Buffalo Chicken or Tuna Salad Sandwich Potato Chips Carrot Sticks Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>28 HOLIDAY </p>	<p>29 Bacon Burger Sandwich Baked Beans Broccoli Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>30 Pasta w/ meatsauce Italian Bread Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>31 BBQ Chicken on Roll Spiral Fries Carrot Sticks Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>1 Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>

Wachusett Regional High School

Get off to a

Breakfast Program 2016

Good Start,

Eat Breakfast!

Did you know?

We are serving breakfast at WRHS starting at 7:00 a.m

Reduced meal price is \$.30
Full pay price is \$1.50 per meal
Free Students No cost

Monday	Tuesday	Wednesday	Thursday	Friday
4 EggSausageBisquit Juice Cup Chilled or Fresh Fruit Milk-Chocolate/White	5 EggBaconEnglish Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	6 Egg Burrito Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	7 Steak/Cheese Quesadilla Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	8 Choose One: Bagel, Muffin, PBJ Smucker, Cereal & Toast, Breakfast Cookie Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White
11 EggSausageBisquit Juice Cup Chilled or Fresh Fruit Milk-Chocolate/White	12 EggBaconEnglish Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	13 Egg Burrito Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	14 Steak/Cheese Quesadilla Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	15 Choose One: Bagel, Muffin, PBJ Smucker, Cereal & Toast, Breakfast Cookie Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White
18 Holiday Martin Luther King Day No School Today	19 EggBaconEnglish Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	20 Egg Burrito Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	21 Steak/Cheese Quesadilla Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	22 Choose One: Bagel, Muffin, PBJ Smucker, Cereal & Toast, Breakfast Cookie Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White
25 EggSausageBisquit Juice Cup Chilled or Fresh Fruit Milk-Chocolate/White	26 EggBaconEnglish Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	27 Egg Burrito Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White	28 Half Day No Lunch Today Breakfast is available	29 Choose One: Bagel, Muffin, PBJ Smucker, Cereal & Toast, Breakfast Cookie Chilled or Fresh Fruit Juice Cup Milk-Chocolate/White
<p>Free & Reduced Lunch Apply online at www.wrsd.net/foodservices Those in need are encouraged to apply at any time during the year. Call Food Services for more info 508-829-1670 x278</p> <p>New forms must be filled out prior to Oct. 1 every year in order to confirm continued eligibility. If you have not filled out a form your child is paying full price</p>		<p>Daily Choices PBJ Smucker Bagel Muffin breakfast cookie Cereal & Toast all served with choice of fruit & milk</p>		<p>Menu is subject to Change</p> <p>Please let us know if you have any allergies to food</p> <p>Wachusett Regional is an equal opportunity provider</p>