

Free & Reduced Lunch

2018-2019 forms are online!

Apply online at

www.wrsd.net/foodserves

New forms must be filled out every year prior to Oct. 1st in order to confirm eligibility. If you have not filled out a new form, your child will pay full price for meals.

**Wachusett Regional School District
Central Tree & MtView**

Aug/Sept 2018

Lunch Meal Prices

Elementary & Middle \$3.00

High School \$3.25

Reduced price \$.40

Milk \$.60

All meals include choice of sides (vegetable, fruit/juice, milk)

Students MUST take at least one fruit or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>27</p> 	<p>28</p> <p>Chicken Nuggets Oven Baked Fries Steamed Broccoli Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>29</p> <p>Cheese or hamburger Potato Chips Carrot Sticks Chilled or Fresh Fruit Milk-Chocolate/White Cereal & yogurt lunch Pizza</p>	<p>30</p> <p>Chicken Patty Swt Potato Crinkle Fries Hummus w/ vegetables Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Hot Dog on Roll</p>	<p>31</p> <p>Sal's Cheese Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger</p>
<p>3</p> <p>HOLIDAY Menu is subject to change. Please let us know if you have any allergies to food.</p>	<p>4</p> <p>Pancakes Breakfast Sausage Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>5</p> <p>Hot Dog on Roll Potato Chips Baked Beans Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Pizza</p>	<p>6</p> <p>Grilled Ham & Cheese Oven Baked Fries Carrot & Celery Sticks Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>7</p> <p>Stuffed Crust Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Buffalo Chicken Sub</p>
<p>10</p> <p>Mini Maple Waffles Chicken Nuggets Sweet Potato Fries Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>11</p> <p>Cinnamon French Toast Breakfast Sausage Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Hot Dog on Roll Cereal & yogurt lunch</p>	<p>12</p> <p>Pasta w/Marinara Sauce Cheese Breadstick Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Pizza</p>	<p>13</p> <p>SUPER NACHOS Black Bean Salad Corn Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>14</p> <p>Big Daddy's Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger</p>
<p>17</p> <p>Chicken Tenders Vegetable Rice Pilaf Corn Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>18</p> <p>Pancakes Breakfast Sausage Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White Hot Dog on Roll Cereal & yogurt lunch</p>	<p>19</p> <p>Macaroni & Cheese Steamed Broccoli Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Pizza</p>	<p>20</p> <p>EARLY RELEASE Chicken Patty on Roll or Hot Dog on Roll Cape Cod Chips Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>21</p> <p>Sal's Cheese Pizza Caesar Salad Hummus & Veggies Chilled or Fresh Fruit Milk-Chocolate/White Buffalo Chicken Sub Cheese or hamburger</p>
<p>24</p> <p>Chicken Bacon Ranch Sub Oven Baked Fries Cole Slaw Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>25</p> <p>Cinnamon French Toast Breakfast Sausage Hash Brown Potato Chilled or Fresh Fruit Milk-Chocolate/White Hot Dog on Roll Cereal & yogurt lunch</p>	<p>26</p> <p>Pasta & Meatballs Dinner Roll Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Pizza</p>	<p>27</p> <p>Ham&Cheese Croissant Smile Fries Tomato Soup Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal Pizza</p>	<p>28</p> <p>Stuffed Crust Pizza Steamed Broccoli Hummus & Pretzels Chilled or Fresh Fruit Milk-Chocolate/White Cheese or hamburger Buffalo Chicken Sub</p>