

Free & Reduced Lunch

Apply online at

www.wrsd.net/foodservices

Those in need are encouraged to apply at anytime during the year.

New forms must be filled out prior to Oct. 1st each year in order to confirm eligibility. If you have not filled out a form, your child is paying full price

**Wachusett Regional School District
Middle Schools ~ Central Tree & MtView**

June 2017

Lunch Meal Prices

Elementary & Middle \$3.00

High School \$3.25

Reduced price \$.40

Milk \$.50

All meals include choice of sides (vegetable, fruit/juice, milk)

Students MUST take at least one fruit or vegetable with each meal.

Monday

Tuesday

Wednesday

Thursday

Friday

Menu is subject to change.
Please let us know if you have any allergies to food.
Wachusett Regional is an equal opportunity provider.

**Hot Dog on Roll
Oven Baked Fries
Cucumber-Apple Salad**
Chilled or Fresh Fruit
Milk-Chocolate/White
Tuna Salad Sandwich
Pizza

**Sal's Cheese Pizza
Caesar Salad**
Chilled or Fresh Fruit
Milk-Chocolate/White
Ham & Melted Cheese on Roll
Caesar Chicken Wrap

**BBQ Riblets on Roll
Cole Slaw
Potato Chips**
Chilled or Fresh Fruit
Milk-Chocolate/White
Bagel-Yogurt Meal
Pizza

**Egg,Ham&Cheese Sandwich
Potato Puffs**
Chilled or Fresh Fruit
Milk-Chocolate/White
Chicken Patty on Roll
Tuna Salad Sandwich

**Pasta w/Meatballs & Marinara Sauce
Cheese Breadstick
Green Beans**
Chilled or Fresh Fruit
Milk-Chocolate/White
Pizza
BBQ Riblets on Roll

**Turkey, Bacon & Cheese Melt
Oven Baked Fries
Carrot Sticks**
Chilled or Fresh Fruit
Milk-Chocolate/White
Pizza
Hot Dog on Roll

**Big Daddy Cheese Pizza
Garden Salad**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger

**Roasted Chicken
Potato Wedges
Green Peas**
Chilled or Fresh Fruit
Milk-Chocolate/White
Bagel-Yogurt Meal
Pizza

**BBQ Pulled Pork on Roll
Baked Beans
Oven Baked Fries**
fruit /vegetable choice
Milk-Chocolate/White
Tuna Salad Sandwich
Chicken Patty on Roll

**Ravioli w/Marinara
Dinner Roll
Carrots**
Chilled or Fresh Fruit
Milk-Chocolate/White
Pizza
BBQ Riblets on Roll

**Chicken Fajita w/ Peppers & Onions
Corn
Seasoned Rice**
Chilled or Fresh Fruit
Milk-Chocolate/White
Hot Dog on Roll
Pizza

**Cheese Pizza
Garden Salad**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger

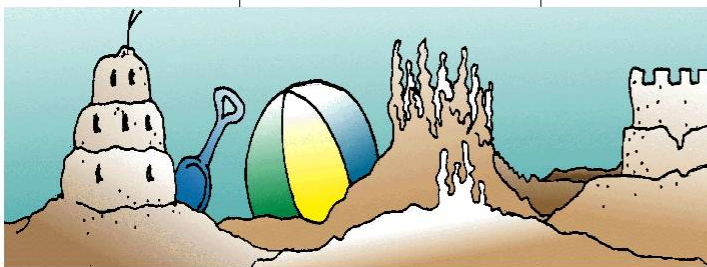
**Hot Dog on Roll
Cape Cod Chips
Baked Beans**
Chilled or Fresh Fruit
Milk-Chocolate/White
Pizza

**Meatball Sub
Garden Salad**
Chilled or Fresh Fruit
Milk-Chocolate/White
Tuna Salad Sandwich

**Grilled Ham & Cheese
Carrot & Celery Sticks w/ ranch dressing**
Chilled or Fresh Fruit
Milk-Chocolate/White
BBQ Riblets on Roll

**Chicken Patty on Roll
Sweet Potato Fries**
Chilled or Fresh Fruit
Milk-Chocolate/White
Hot Dog on Roll

Half Day
No Lunch Will Be Served
Have a great summer!



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