



Wachusett Regional School District

Dear Parent/Guardian:

RE: Annual Wellness Screenings

The District will be conducting annual wellness screenings for students as follows:

Grade 10	Vision Hearing Calculation of Body Mass Index (BMI)
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Ref: *105 CMR 200.000: PHYSICAL EXAMINATION OF SCHOOL CHILDREN
200.500: Annual Assessment of Physical Growth and Development*

Screenings will take place at Wachusett Regional High School on November 7th, 8th and 9th, 2011.

You will receive the results of your child's BMI screening in a confidential letter mailed to your home.

You have the right to opt-out of the BMI screening. To opt out, please contact your child's school nurse or complete the form provided below and return to the school nurse on or before your child's screening date.

Please do not hesitate to contact me at 508-829-1670 x 237 or nancy_houle@wrsd.net with questions or concerns.

Sincerely,

Nancy Houle

Nancy Houle, Ph.D.
Supervisor of Pupil Personnel Services

I prefer my child not participate in the state-mandated BMI screening.

Student Name _____ Grade _____ School _____

Parent/Guardian Signature _____ Date _____